

Friday 15th August 2025

School-wide Cross Country Event 2025

Dear parents and caregivers,

On Friday 5th September 2025 we will be having our annual full-school Cross Country afternoon. This is an opportunity for all students to compete in a long distance run with their year group. They will be representing their whānau houses at this event. We invite all families to attend and support their children as they run in the Cross Country, and encourage all students to give it their best.

Event details:

Date: Friday 5th September 2025
Time: 12:15 pm – 2:30 pm
Venue: Owairaka Park, 56-60 Owairaka Avenue, Mt Albert

What to bring:

- **WHĀNAU COLOURED SPORTS CLOTHING** – However, **dress up/costumes, face paint, or glitter pom poms are not permitted.** Clothing must be suitable for running.
- Running shoes must be worn - the majority of the track is concrete, bare feet are discouraged.
- Rain jacket / cold weather clothing.
- Water bottle
- Morning tea, lunch and plenty of snacks. Rubbish free lunchboxes are strongly encouraged.

SCHEDULE

8:40-10:45 am Normal classes
10:45am Morning Tea
11:00am **Parent help briefing in the staffroom**
11:15am Students assemble in Tutor Classes
11:30am Students begin walking from school
12:00pm Students arrive at the park and assemble in the designated area.
12:10pm Marshal's meeting
12:15pm Race briefing for all runners, marshals to go to their location.
12:25pm Races begin
2:15pm Pack up
2:25pm Closing Prayer
2:30pm **End - All students are expected to be collected from the venue directly.**

Students not collected by 2:40pm will be walked back to school.

Postponement

In the case of severe weather, the event will be cancelled. This will be announced via email and on the website by 9am the morning of the event. There is no back up date at this stage.

Race Time	Year Group	Distance (approx.)
12:25pm	Year 0-1	<u>450m</u> <i>Senior students to help</i>
12:30pm	Year 2	
12:35pm	Year 3	
12:40pm	Year 4	<u>1400m</u>
12:45pm	Year 5	
12:50pm	Year 6	
1:00pm	Year 7	<u>2.8km</u>
1:10pm	Year 8	
1:20pm	Year 9	
1:30pm	Year 10	
1:40pm 1:42pm	Year 11-13 Competitive Non-competitive	4.2km 2.8km



Year 11-13 participation:

Year 11-13 students are expected to participate fully in this event, despite being on exam leave. There are no exams scheduled for this afternoon and as such, attendance is expected. Year 11-13 students are allowed to meet directly at the venue at 12:00pm. Students who have morning exams need to bring a change of clothes and will walk to the track with the rest of the school.

Permission:

Consent for your child(ren) to attend this event is given under the school-wide Blanket Consent Form. If you have not completed this form, your child's teacher will be in contact.

Parent / Caregiver help:

If you would like to come and assist staff on the day, please be in touch with Mr MacKenzie using the email address below. The main jobs we need assistance with are walking to the venue and/or track supervision. **All parent help must hold a current police clearance in order to help.**

If you have any questions, please get in touch.

Yours sincerely

Mr Sam MacKenzie

Year 9-13 Physical Education Teacher

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