

Thursday 6th August 2026

Dear Parents and Caregivers

Attitude Presentations – Thursday 13th August

As part of our Christian Living and Health curriculum, we are pleased to invite students to attend presentations delivered by **Attitude**, an organisation that works with schools to support young people in making wise choices. Sessions will run during normal school hours on **Thursday 13th August**, as outlined below:

Period 1 – Year 9 & 10: Hardwired: Drugs, Alcohol and Peer Pressure

This presentation helps young people understand the factors that can influence their choices around drugs, alcohol and risk-taking. Students explore why people sometimes make unhealthy decisions, how to recognise and manage peer pressure, and practical strategies for assessing risks and making positive choices. The presentation also encourages students to seek support when needed and provides age-appropriate information about addiction and healthy decision-making.

Period 2 – Year 11–13: Relationships with Attitude: Building and Maintaining Healthy Relationships

This presentation supports young people to develop the knowledge and skills needed to build and maintain healthy relationships. Students explore the characteristics of respectful relationships, effective communication, setting healthy boundaries, and navigating peer pressure. The session also provides practical strategies for coping with conflict and relationship break-ups, helping students build resilience and confidence in their interactions with others.

There is no cost for this event, as it is part of the curriculum and presentations will run during the normal school timetable.

We believe these topics are best explored in partnership with your child's home, and we encourage you to continue the conversation with your child after the sessions.

Students will attend by default. If you do **not** wish your child to attend, please email me at Jo.Robertson@elimmtalbert.school.nz by **Tuesday 11th August**.

If you have any questions, please don't hesitate to get in touch.

Kind regards,

Mrs Jo Robertson

HOLA Christian Living

Jo.Robertson@elimmtalbert.school.nz